2024 SUMMER PROGRAMS



MARTIN LUTHER HIGH SCHOOL

5201 S 76TH ST. GREENDALE, WI



Thank you for your interest in Martin Luther, a Christ-centered school of excellence! Martin Luther is part of the Lutheran High School Association of Greater Milwaukee. Find more information about the schools and our mission here:

Martin Luther: 414-421-4000 | www.martinlutherhs.org LHSAGM: 414-421-9100 | www.weteachtruth.org

FINE ARTS

JUNIOR ART CAMP



Cost: \$75

In this one-week program students will explore different art media in both 2-D and 3-D formats. Design will center around a common theme that students will be encouraged to explore and develop as they transition between twodimensional drawings and paintings and three-dimensional sculptures. This camp is designed for students with mixed levels of experience. Participants will meet in room 200.

Session 1: June 10 -14 | 9:30-11:30am Session 2: June 17-21 | 9:30-11:30am Students entering Grades 1-4 (maximum 16)

SENIOR ART CAMP

Cost: \$85

In this two-week program students will spend the first week learning or reviewing the art of working on the Potter's Wheel as well as other handbuilding techniques. During the second week students will explore a mixture of different two-dimensional media and the process of glazing their ceramic pieces made during the first week. This camp is designed for students with mixed levels of experience. Participants will meet in room 200.

June 10-14 | 12-2pm June 17-21 | 12-2pm Students entering Grades 5-8 (maximum 16)





Steve Karner Head of the Art Department

BASKETBALL

4TH-6TH GRADE GIRLS' BASKETBALL CAMP

This camp is designed to provide individual skill development and team play in basketball. Emphasis will be placed on offensive and defensive strategy and developing a greater appreciation for court sense in live situations, scrimmages, and games. A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Child-sized Tee Shirts are provided with this camp.) Meets in the main gym.

June 24-27 | 9:30-11:30am Girls entering Grades 4-6

7TH-9TH GRADE GIRLS' BASKETBALL CAMP

This camp will put equal emphasis on skill development, team play, and competition. It is designed to prepare the player for the higher level expected in the 7th-8th and freshman teams. Fundamentals, special situations, and court sense development will be key aspects of this camp. Seventh graders with a good basketball foundation should enroll in this camp. A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Adult-sized Tee Shirts are provided with this camp.) Meets in the main gym.

June 24-27 | 12-2pm Girls entering Grades 7-9

SMALL FRY "SLAMMA JAMMA" BASKETBALL CAMP

This camp is to introduce campers to basketball. We will focus on basic drills of dribbling, passing, shooting, and defense. If your camper is new to basketball, then this is the camp for them! Our drills will be in small group stations. We will end each day with competitions using the skills we learned that day. A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Child-sized Tee Shirts are provided with this camp.)

*Takes place at Hales Corners Lutheran Janesville Community Center

June 10-13 | 10-11:30am Boys & Girls entering Grades K-3 Cost: \$75



BASKETBALL

3RD-5TH GRADE BOYS' BASKETBALL CAMP

This camp for beginning basketball players will teach students the fundamentals of shooting, dribbling, and passing and an understanding of what constitutes offensive and defensive play. (Note: Child-sized Tee Shirts are provided with this camp.) Meets in the main gym.

June 17-20 | 9:30-11:30am Boys entering Grades 3-5

5TH-7TH GRADE BOYS' OFFENSIVE SKILLS BASKETBALL CAMP Cost: \$85

This camp is designed to improve the player's fundamentals in shooting, passing, ball handling, cutting, screening, team play, and individual offensive and defensive skills. Seventh graders with limited team experience should enroll in this class. (Note: Adult-sized Tee Shirts are provided with this camp.) Meets in the main gym.

June 17-20 | 1-3pm Boys entering Grades 5-7

7TH-9TH GRADE BOYS' ADVANCED BASKETBALL CAMP

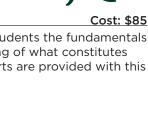
Cost: \$85

This camp will put equal emphasis on skill development, team play, and competition. The camp is designed to prepare the player for the higher level expected in 7th-8th and freshmen teams. An expert coaching staff will help push the players to new levels of basketball expertise. (Note: Adult-sized Tee Shirts are provided with this camp.) Meets in the main gym.

June 24-27 | 2-4pm Boys entering Grades 7-9

All of our girl's camps will be led by members of our Lady Spartans Coaching Staff. All our boys' basketball camps are led by our 7-time State Champion boys' basketball Head Coach Paul Wollersheim and his staff.

Paul Wollersheim Head Boy's Basketball Coach





VOLLEYBALL

6TH-8TH GRADE GIRLS' VOLLEYBALL CAMP

This Spartan Volleyball camp is open to girls entering 6th – 8th grade. The camp will focus on individual skill development. Basic technique will be taught and drilled, and competitive drills will be used to refine skills. Campers will finish the week with drills that emphasize game-like situations and experiences. Campers should bring a snack for our mid-afternoon devotion and break. (Note: Adult-sized Tee Shirts are included with the cost) Meets in the main gym.

July 22-26 | 9-11:30am Girls entering Grades 6-8 (maximum 32)

9TH-12TH GRADE GIRLS' VOLLEYBALL CAMP

This Spartan Volleyball High School Camp is open to girls entering 9th – 12th grade. This camp is strongly advised for girls considering volleyball tryouts for the 2020-2021 school year, as it takes the place of our WIAA sanctioned contact days. This camp is a high-level, position specific camp, designed for players who have a mastery of fundamental skills. Athletes should arrive in good physical condition, with a positive attitude and serious work ethic. Training will focus on advanced technical and tactical aspects of volleyball, position-specific drills, and full 6 vs 6 drills to simulate real game experiences. (Note: Adult-sized Tee Shirts are provided with this camp) Meets in the main gym.

July 22-26 | 12:30-3pm Girls entering Grades 9-12





Cost: \$85

TENNIS

MARTIN LUTHER SPARTAN TENNIS DRILL PROGRAM

Playing on you own just doesn't compare. Our Spartan Summer Tennis League gets you ready for high school tennis! Learn how to hit shots and win matches. Sessions will cover proper technique for all strokes and include games and point play drills to practice these skills.

Participants meet daily on the Tennis Courts.

June 10-August 1 (Mondays, Wednesdays, Thursdays) *Program will not meet July 4 Students entering grades 7-12 Gold Division: 9:15-10:45am (Experienced players with previous Varsity-level experience or a USTA ranking.) Green Division: 11am-12:30pm (Beginners through JV level. High performing JV level players may be asked to move up to the Gold Division.)

SPARTAN TENNIS YOUTH LESSONS

All skill/experience levels are welcome. We love teaching and coaching our Junior Players! In an effort to create smaller groups for more individualized instruction, we ask that you contact Coach Kilgas directly to set up dates and times for your lessons. Please contact her PRIOR to registering. (ikilgas@ martinlutherhs.org) Fun games and drills will build technique, coordination, and athletic skills. "10 and under" equipment will be utilized with younger players to allow students to play tennis as quickly as possible.

June 4-July 30 Grades 1-3 | 9-10am Grades 4-6 | 10-11am Students entering grades 1-6

Under **Coach Kollmorgen's** leadership, the boys' and girls' varsity tennis teams have won individual and team conference championships and enjoyed over 20 team state rankings.

Spartans have gualified for the state tournament over 30 times, and four times have reached the podium in Madison. Coach Kollmorgen is a member of the 200 dual wins club for both boys' and girls' tennis.

Coach Kilgas begins her 4th year coaching tennis at Martin Luther. Her talent, enthusiasm, and love for the sport play an important part of the Spartans' success.

Jacki Kilgas

Paul Kollmorgen







Cost: \$75

TENNIS

ADULT TENNIS LEAGUE

Cost: \$5 per session, pay as you play, on site only

This league play is intended for adult tennis players with any range of experience. Come weekly to get warmed up and play rotating doubles. Weekly scores will be tallied and a prize will be given to the winner! Come for the tennis, meet new people, stay for the fun! (Discounts do not apply to this camp nor may it be used as any part of a discount for other camps.)

June 4-July 30 (Tuesdays) | 6-8pm Adults (High School Graduates)

No online registration required. If you are interested in registering for this program, please contact Chris Hathaway at chathaway@martinlutherhs.org.





Chris Hathaway

FOOTBALL

FOOTBALL CAMP

Cost: \$85

This camp is open to any athlete interested in refining and broadening their skills in various positions. Players will be grouped according to age and skill levels for appropriate instruction. Athletes will benefit from the experienced coaching staff at Martin Luther with opportunities to learn offensive and defensive techniques in a variety of positions. Information on the Youth Football League can be found below. (Note: Adult-sized Tee Shirts are provided with this camp.)

Location ML Football Field.

July 15-18 | 10am-12pm Students entering Grades 4-8



Our Football Camp is lead by 2022 Conference Coach of the Year Rick Hoppert. Coach Hoppert's Spartans have been to the playoffs in 8 of his 9 years as Head Coach, as well as Conference Champions in 2020 & 2022.

Rick Hoppert ML Varsity Football Coach

CHEER & DANCE

CHEER & DANCE

Cost: \$75

Go Spartans Go! Learn what it takes for a cheerleader and dancer to expand their cheer and dance knowledge, improve skills, and form team bonds. At camp, we will learn and work on specific warm-ups, cheers, sidelines, dance routines, individual performance, enthusiasm and attitude.

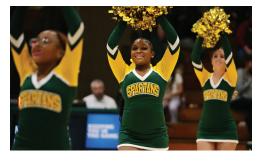
Material learned will be appropriate for your age level. Location ML track outside, if weather permitting - if inclement weather occurs we will move inside to Upper gymnasium. Please wear comfortable clothing, socks, gym shoes and water bottle.

Participants will be invited to attend and perform at the ML Varsity Football game August 23rd. (More details provided at the time of the Camp.)

August 12-15 | 9am-12pm Students ages 6-14



Cherise Myers ML Head Cheerleading Coach



SPEED AND STRENGTH

YOUTH SPEED AND STRENGTH

This course is similar to the high school speed and strength class. It will feature personal instruction and introduce junior high students to the key elements of strength and speed development through the use of weight lifting, plyometrics, stretching, and speed training. Instruction will take into account the varying age and size differences. (Note: Adultsized Tee Shirts are provided with this camp.) This meets in the weight room and on the track.

June 11-August 8* (T/Th) | 8-9:30am **Will not meet July 5* Students entering Grades 6-8

SPEED AND STRENGTH TRAINING

This co-ed program consists of weight lifting, plyometrics, agility, and speed training. The purpose of the program is to help increase an athlete's speed, size, strength, flexibility, coordination, and explosiveness. Each session is appropriate for all size, strength, and experience levels. Athletes will be instructed in proper technique and safety as it relates to weight lifting and all other training. This meets in the weight room and on the track.

*It is encouraged/recommended that Incoming Freshmen register for Session 2.

**Incoming Freshmen enrolling for Martin Luther Health and Fitness Physical Education class should register for Session 2.

Session 1* June 3-August 2 (M/W/F) | 7:30-9:15am

Session 2 * June 3-August 2 (M/W/F) | 9:15-11am *Neither session will meet on July 5.

ADULT BOOT CAMP

This camp is open to anyone over the age of 18 that is interested in challenging themselves with Martin Luther's very own personal trainer Patrick Dhein. The bootcamp will be 6 weeks long, meeting Wednesday and Friday. Bootcamp is designed to fit any level of fitness. So if it's weight loss or building muscle strength you're seeking, this Bootcamp is for YOU! (LHSAGM employee discounts do not apply to this program.) This meets in the weight room.

June 10-July 10 | 6:15-7am (Mondays & Wednesdays)

If you are interested in registering for this program, please contact Patrick Dhein at 414-659-3254 or Outkastfitness@gmail.com.

Tony Romano

Strength Coordinator



Cost: \$30



WRESTLING

1ST-4TH GRADE WRESTLING

This co-ed camp will introduce kids to the sport of wrestling while concentrating on sportsmanship, leadership, and building future champions. Emphasis will be placed on basic fundamentals and skill development. Camp is led by Martin Luther's Conference Champion Head Coach Tony Romano. This meets in the wrestling room.

July 22-25 | 11am-12pm Students entering Grades 1-4

5TH-8TH GRADE WRESTLING

Cost: \$50

Wrestling camp will give an introduction to the sport of wrestling or give and advanced wrestler an edge in their upcoming season. The focus of the summer will be working on the key found mental basics of wrestling, with little pieces of advanced wrestling intermingled. These skills will prepare these young athletes to have success in their youth season and prepare them for competitive nature of high school wrestling. Summer wrestlers put themselves two weeks ahead of everyone else with this multi-level wrestling camp. This meets in the wrestling room.

July 22-25 | 12-1pm Students entering Grades 5-8



Our wrestling camps are run by Coach Tony Romano. Coach Romano has been the head wrestling coach at Martin Luther for the past 18 years and has won 9 team conference championships. He and his staff have sent many wrestlers to the state tournament, including 2 this past season.

The team has qualified for Team Sectionals 3 times in the past 11 seasons and have won over 100 Duals in the time Coach Romano has been the head coach.



Tony Romano ML Varsity Wrestling Coach







CO-ED SOCCER

Cost: \$85

Learn the basics or improve your skills. The ML Boys and Girls soccer teams will lead small groups based on player level and experience through fun drills and games. Campers will focus on ball handling, passing, spacing and goalkeeping. We will end each camp day with a full-field match. Players should provide their own cleats, shin guards and water bottles.

June 17-20 | 9:30-11:30am Students entering grades 2-8



Coach Bollmann'05, has coached high school and Division 3 college soccer for 13 years. Prior to coaching, Bollmann was a 4 year letter winner at Martin Luther including being named conference player of the year in 2005.

Coach Bollmann went on to play soccer at Carthage College where she was named team MVP twice and was a first team all CCIW selection



Lindsey Bollmann Head Girls Varsity Soccer Coach



AP WRITING

AP WRITING: EXCELLENCE IN HIGH SCHOOL WRITING

Cost: \$85

Looking forward to challenging yourself in AP courses? Take a few hours out of your summer and learn how to write a college-level essay. The course will push students to a new level of purposeful essay writing. This writing camp is designed for students taking AP US History, but should also be helpful for students taking AP World and AP Literature. Using specific examples and practive prompts from past AP exams, students will learn the process of analyzing prompts, organizing information, and presenting clear arguments. Get a head start on AP success with this class.

Participants will meet in Room 213. Program limit 20.

July 15-19 | 1-3pm Students entering grades 10-12



Mike Loveless Social Studies Department Chair

OTHER PROGRAMS



(Note: These are NOT a part of our Summer Programs. Do NOT use this registration form to enroll in these options!)

BAND CAMP

Band Camp is a seven day, six night camp, held at Camp LuWiSoMo (in Wild Rose, WI). Dates are July 21-27. Students currently in grades 5-9 with at least one year of experience are welcome to register. Through rehearsals, sectionals, Bible Study, devotions and other activities, students grow musically and spiritually throughout the week. Also, part of the week is swimming, games, water park, and other activities. Price is \$550 before April 19 or \$575 after April 14. Registration closes June 21. Registration information can be found at www.lutheranbandcamp.org



INFORMATION

Confirmation will be sent to the email address you provide when you register.

<u>COURSE CANCELLATION POLICY:</u> It may be necessary to cancel a specific summer program. When cancellation becomes necessary, those enrolled will be notified and a full refund of payments will be made.

REFUND POLICY:

- 1. If a registered student withdraws from a summer program, any refund due will be based on the date the notice of withdrawal is received.
 - Two weeks or more before the start of a program: full refund.
 - Less than two weeks before the start of a program: 50% refund.
 - Day program starts or later: No refund.
- 2. Exceptions to the policy will normally be made only for documented injury or illness that prevents the individual from participating.
- 3. Following the start of a program, any refund for injury or illness will be prorated based on the days actually attended plus a \$10 administrative fee.
- 4. Trips, off-campus camps, and other special programs may have other refund policies included in their descriptive materials.
- 5. Camp T-shirts are ordered 2 weeks in advance. Registrations that fall inside of 2 weeks prior to the start of the program will not receive a T-shirt.

For more information on Summer Programs, contact Rick Hoppert at:

Martin Luther High School rhoppert@martinlutherhs.org







MARTIN LUTHER HIGH SCHOOL