

Pierz Power Program All-Access Use Agreement:

(Pierz Healy High School Students Ages 16+)

PIERZ POWER PROGRAM ALL-ACCESS MEMBERSHIP PARAMETERS, RULES & ETIQUETTE:

- All-Access Members must be 16+ years old.
- All-Access Members must be a student at Pierz Healy High School and enrolled into the Pierz Power Program.
- All-Access Members must be in good standing with teachers, coaches and administrators.
- Members are required to have a fob access-Use Agreement and Waiver completed and approved annually.
- A key fob deposit of \$20 is required. Each replacement key fob requires an additional \$20 fee.
- All-Access membership gives the student access to the Fitness Center/Weight Room ONLY. (The MAC, PAC, DAC and Wrestling Room use are not included in this program)
- No guests are allowed. (Bringing guests will put you at risk of losing your membership privileges and shutting down the entire program – Examples: you cannot bring your younger sibling, you cannot bring a teammate who isn't registered for the power program even if they are 16+)
- Please carry in your shoes. Clean shoes are required in the fitness center.
- Proper workout and school appropriate attire is required. Shirts must be worn at all times.
- Valuables should not be stored on the floor or near equipment.
- No vulgar or obscene language will be tolerated.
- Water and sports drinks must be consumed from containers with a lid. No glass containers are allowed.
- Members may use personal listening devices or the fitness center sound system, however, all music played over the sound system in the fitness center must be school appropriate.
- Members are required to wipe down machines, weight bars, and handles after use. Cleaning agents will be provided.
- Members are required to discard trash and take all personal items with them when they leave.
- Members are required to return free weights and dumbbells to racks when finished using.
- Do not drop weights. (Ease the weights into position on the machines preventing them from slamming)
- Cameras are present in the fitness center. If a member's behavior violates the terms of the contract, the Athletic Director, Community Education Director or Pierz Power Program Coach will contact the member to discuss behavior. Breaches could result in loss of membership.
- The Pierz Power Program, Athletic Practices, Physical Education and Community Education Classes take precedence to All-Access members' use. (The Pierz Power Program runs Monday-Thursday from 8-10am)
- Failure to follow parameters and rules will put you at risk of losing your membership privileges and shutting down the entire program.

PIERZ POWER PROGRAM ALL-ACCESS CHECKING IN & CHECKING OUT:

- Members are required to enter the MAC doors. (Door #22)
- Your fob will allow you to enter the outside doors and fitness center.
- Each Member is required to fob-in at the door AND sign-in and sign-out (with times) on the sign-in sheet in the weight room. (Failure to do so will put you at risk of losing your membership privileges and shutting down the entire program – Example: three members show up to lift together – ALL three must swipe their fob at the door and sign-in on the sign-in sheet)
- All-Access operating hours are between 5am-10pm (Sunday's Noon-10:00pm)
- All-Access will be available in June, July & August (June 1–August 31)
- Failure to follow parameters and rules will put you at risk of losing your membership privileges and shutting down the entire program.

Student Name: _____ Signature: _____ Date: _____

Parent Name: _____ Signature: _____ Date: _____

Pierz Power Program All-Access Waiver:

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PIERZ POWER PROGRAM ALL-ACCESS MEMBERS AGREE:

All-Access Members agree to abide by all the membership rules of the facility. Because physical exercise can be strenuous and subject to risk of serious injury, the school district urges you to obtain a physical examination from a doctor before using any exercise equipment or participation in any exercise activity. You (each member or participant) agree that if you engage in any physical exercise or activity, or use any fitness center amenity on the premises or off premises at a school district sponsored event, you do so entirely at your own risk. This includes, without limitation, your use of the locker room, parking area, sidewalk area, or any equipment in the fitness facility and your participation in any activity, class, program, or instruction. You agree that you are voluntarily participating in these activities and use of these facilities and premises and assume all risks of injury, illness, damage or loss by theft of any personal property. You expressly agree to release and discharge the school district, and all affiliates, employees, agents, representatives, successors, or assigns, from any and all claims or causes of action. This waiver and release of liability includes, without limitation, all injuries to you which may occur, regardless of negligence, as a result of (a.) your use of any exercise equipment, (b.) the sudden and unforeseen malfunctioning of any equipment, (c.) our instruction or supervision, and (d.) your slipping and/or falling while in the fitness center, or on the school district premises, including adjacent sidewalks and parking areas. You acknowledge that you have carefully read this waiver and release and fully understand that it is a release of liability. You agree to voluntarily give up any right that you may otherwise have to bring a legal action against the school district for negligence, or any other personal injury or property damage or loss action.

NOTICE: If the FOB is not returned by September 4, 2026 the \$20 deposit will be forfeited.

Student Name: _____ Signature: _____ Date: _____

Parent Name: _____ Signature: _____ Date: _____

Pierz Power Program All-Access Coach Approval:

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ALL STUDENT-ATHLETES MUST HAVE AN APPROVAL FROM A PIERZ COACH TO RECEIVE A FOB. As a Pierz Healy High School Coach I approve this student-athlete to receive a FOB for individual access to the weight room/fitness center. I vouch that they are responsible and will handle the privilege with respect and integrity.

Coach Name: _____ Signature: _____ Date: _____